



Marie Diamond

**Little Diamond Dowsing E-Book:
Energize your Home
with the Energy ring.**

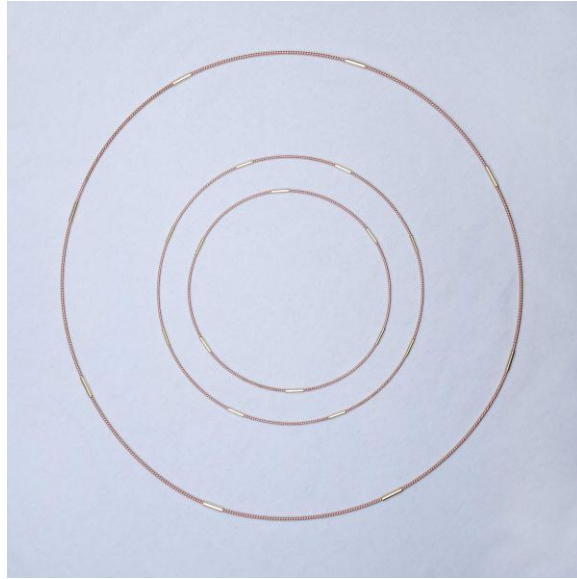
Create Enlightened Spaces for You and Your Home

www.MarieDiamondDowsing.com

Created by Marie Diamond and Annette Rugolo

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Introduction



Quantum Energy Rings are an important aspect of creating Enlightened Spaces. Each ring is designed to create a quantum field, or a 'portal to heaven', wherever they are placed. The energy field they create helps raise the vibration of an area or room and they have a variety of uses.

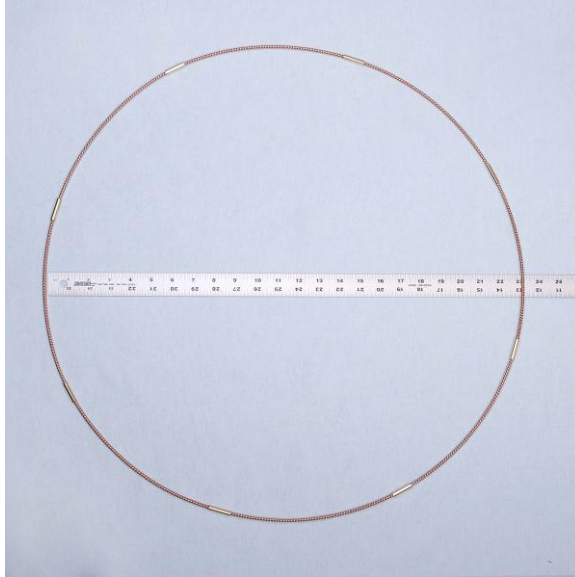
This E-book is designed to help you understand more fully what the energy rings can do to help you create enlightened spaces wherever you are.

Each ring has been created using the ancient Egyptian knowledge of cubit measurement. This measurement, when used in the design of the ring, gives it the unique quality of a light ring; the ability to hold light within the circle of the ring, thus creating a quantum field.

Use these rings to create more light and uplifting energy wherever you need it. There are many uses for these rings and we wanted to present some of the ways people have found them to be effective. Use your imagination and create your own uses for these rings.

The Different Energy Rings

1/ Large Ring: (23 inch diameter)



Uses of this Ring:

- Place the ring in an area of your house that feels heavy or dark to help bring in more energy. The place will feel different in 15 minutes
- Placed under a chair, the large ring is great when meditation or any spiritual practice. It allows you to more effortlessly connect with higher states of awareness.
- If you would like to stay alert while studying or working on projects, place a large ring under your chair.
- Some people are very sensitive to the energy from their computer. Placing a large energy ring between you and your computer will create a wall of energy that protects you from the electromagnetic energy of your computer.
- Place around a water cooler and energize your water.

- Place your groceries inside of a large ring to energize your food before putting them away. Keep the food inside of the ring for approximately 10 minutes.
- Place one or more plants inside a ring to help ailing plants or to bring them vibrant health.
- Step inside of a ring and move the ring up and down over your head three times to clear out your or someone else's energy field.
- Dense energy collects in the corners of rooms. Use it as a wand to 'sweep' the corners of a room. Hold horizontally with both hands and brush up and down in the corners.
- Decorate as a wreath and hang on the wall to bring more light into a room. This is a great way to bring in more light and energy into an office space without bringing attention to the ring itself.
- Animals love the energy of these rings and they can be used to help your animals stay healthier.

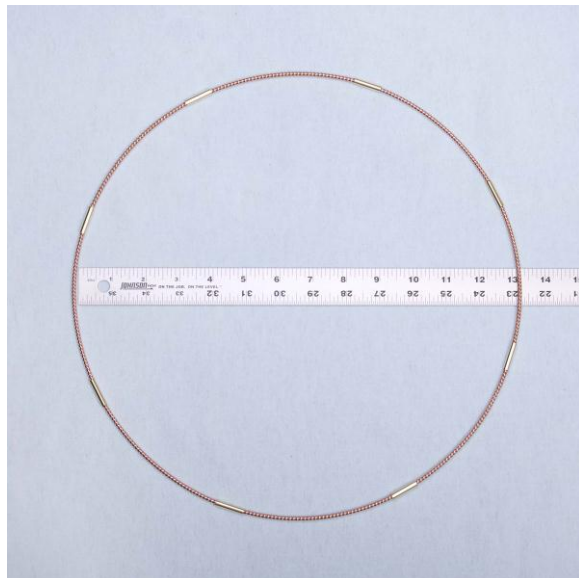


- Children love the energy of these rings and will love sleeping with one under their bed. Many adults may have to adjust to the energy of these rings before having one under their bed all the time. To get used to the energy of these rings, alternate sleeping with one under your

bed ... 2 nights with it and 2 nights without it ... until your energy field can handle it all the time.

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2/ Medium Ring: (13-1/4 inch diameter)



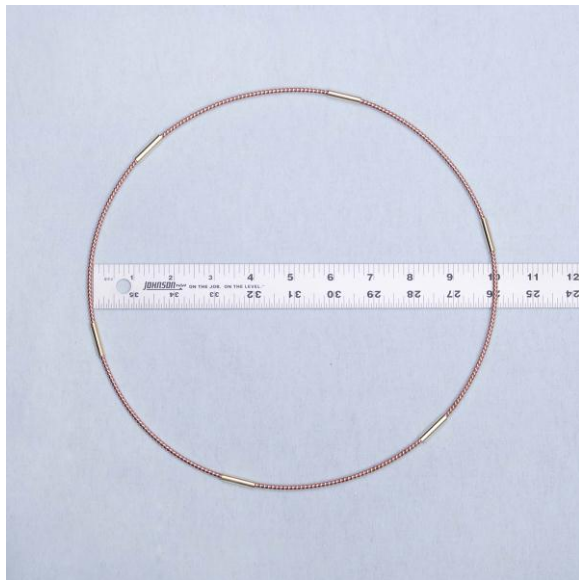
Uses of this Ring

- Wear a medium ring around your waist as a belt and stay energized throughout the day. This is especially great if you are working in a space that cannot be dowsed.
- Place a medium ring in a dark corner of the house that needs more light.
- Place around the water and food dishes of a pet.

- Medium rings are great to for energizing your vitamins.
- Use a medium ring for traveling and stay energized during travel and when attending meetings or seminars. Some people place them inside a pillow to camouflage the ring.
- Decorate it and use it as a wreath on your front door to bring in more positive energy into your home.
- Place a medium or large ring under your pet's sleeping area. Dogs especially love the energy of these rings. If you're boarding your dog in a kennel, make sure their energy ring goes with them. One owner sewed it inside of her dog's bed.

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3/ **Small Ring: (10 inch diameter)**



Uses of this Ring

- Place around your shower head to energize the water.
- Place your plate of food inside of the ring during a meal to energize your food.
- Wear around the neck while doing any mental activity to stay more alert.
- These are great for traveling and for staying alert while traveling. Place under a car or airplane seat to stay uplifted energy while traveling. Sitting on a ring will help with jet lag or for those sensitive to the recycled air of an airplane.

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FAQ's about the Energy rings.

1. Why are there small pieces of brass on the rings? Are these necessary?

The small brass pieces placed on the energy rings are there to help stabilize the energy of the ring.

2. What is the difference in the sizes?

All of the energy rings produce a quantum field of light. The only difference is the amount of area each ring will affect. Along with the light produced by the ring itself, each ring also creates an aura field around it. If you place a large ring under your chair, for instance, you will feel the energy created by the ring up to 18-24 inches beyond the ring.

Each ring produces its own aura field and the larger the ring, the larger the aura field it creates.

3. How do I know what size I need?

Think about what you will be using the ring for and decide from the list above which size ring would most suit your needs. If you are uncertain about the effect an energy ring might have on you, start with a small or medium ring and get used to the energy of that size first before moving onto the large ring.

4. Can the rings be covered?

Yes, the energy rings can be covered and will still be effective. You can decorate them and hang them on a wall or a door. You can also cover them with plants, tables or rugs. If you need to place the ring under a rug, you can remove the brass balls without substantially changing the effectiveness of the ring.

5. Where can I order the quantum energy rings? The rings can be ordered by visiting www.MarieDiamondDowsing.com.

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